

# July – Sept. 2013 courses

The Ohio Bureau of Workers' Compensation offers more than 74 occupational safety, health and ergonomic courses for Ohio employees to attend. Classes are available online and held throughout the state at our regional service offices.

One of the benefits for employers with active workers' compensation coverage is there is no additional charge to register their employees for classes. The following is a list of courses available online and at the Portsmouth Customer Service Office. A listing of courses offered at our other service offices can be found at [ohiobwc.com](http://ohiobwc.com) under the safety services section of the website.

## Online courses

Accident Analysis

Avoiding Back Trauma

A Five-Step Process for Preventing  
Work-Related Musculoskeletal  
Disorders (WMSDs) in your Workplace

Food Service Safety

Getting Started with Safety

Health Hazards in Construction

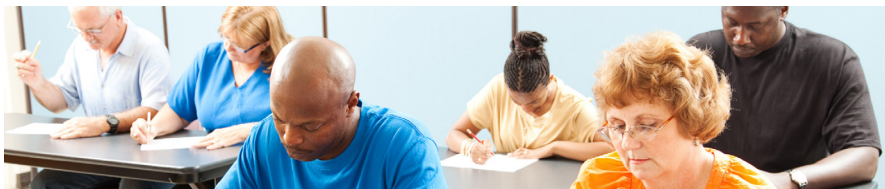
Industrial Hygiene Overview

Ladder/Stairway Safety

Office Ergonomics: Computer  
Workstation & Mobile Computing

Preventing Cuts and Lacerations

Preventing Slips/Trips/Falls



2013	Classroom	Day(s)
Aug. 14	Hazard Communication	1.0
Sep. 10	Transitional Return to Work	1.0



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1-800-OHIOBWC

### Portsmouth Customer Service Office

1005 Fourth St.  
Portsmouth, OH 45662

# Oct. – Dec. 2013 courses

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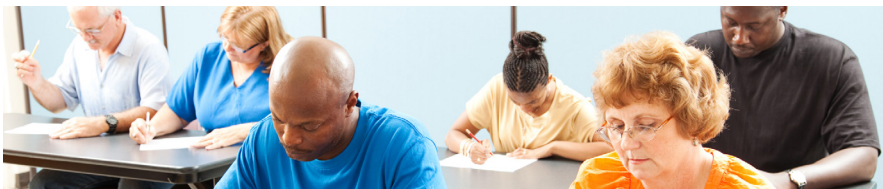
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2013	Classroom	Day(s)
Oct. 16 – 17	Industry Safety Elements (OSHA 10)	2.0
Dec. 10	OSHA Recordkeeping	1.0



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# Jan. – March 2014 courses

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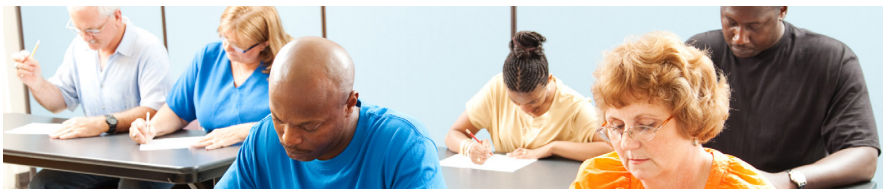
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2014	Classroom	Day(s)
Jan. 14 – 15	<b>Construction Safety Elements (OSHA 10)</b>	2.0
Feb. 12	<b>Controlling Costs Through Claims Management</b>	1.0
March 12	<b>Transitional Return to Work</b>	1.0

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# April – June 2014 courses

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2014	Classroom	Day(s)
May 13	<b>First Aid in the Workplace</b>	1.0
May 22	<b>How Methamphetamines Affect the Workplace</b>	0.5 p.m.
June 11	<b>Violence in the Workplace</b>	0.5 a.m.
June 18	<b>Accident Analysis Half-day Workshop</b>	0.5 a.m.



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