Introduction
A significant number of injuries occur among employees, customers, and visitors in parking lots and other exterior areas of facility. It seems most businesses have at least one serious injury or workers’ compensation claim a year related to falls in parking lots or on other exterior grounds. Taking actions to identify hazards and make corrections can prevent these types of injuries, and reduce the pain, suffering, and financial burdens that injuries can cause.

Discussion
This training will focus on three main concerns related to parking lot safety: personal security; slip, trip, and fall injuries; and vehicle accidents.

Before you begin
Look for an instance of employees or customers falling or having near misses in parking lots. You may want to check your organization’s Occupational Safety and Health Administration (OSHA) 300 logs, BWC claims history, company accident reports, and contact your liability insurance carrier. Also, consider asking employees if they have ever had an incident or near miss in a parking lot to obtain good examples for training.

You will learn
• How to identify the main safety concerns in parking lots
• How companies and employees can reduce injuries in parking lots
• How to increase awareness for issues in parking lots
Personal security
Always emphasize and practice personal security in parking areas. It is important to scan the parking lot for threats while leaving or arriving at your vehicle. When you arrive, if you feel uneasy or unsure, do not get out of the car.

Whenever possible, travel with someone if you are going to an unfamiliar or unsafe place. If you are by yourself, make sure someone is aware of where you are and where you are going. Arrange for someone to escort you if you have concerns.

Try to park in well-lit spaces and avoid secluded or obstructed areas. Be prepared to enter and exit your vehicle quickly by having your keys ready. Hide and secure valuables. Don’t allow phones or other equipment to distract you while walking through a parking lot. Avoid leaving anything visible through windows of your vehicle such as purse, wallet, electronics, or packages. Above all – always stay alert and aware of your surroundings.

Slip, trip, and fall hazards
Mitigate slip, trip, and fall exposures in parking lots by focusing on a few key items. Make sure you keep all parking lots and sidewalks in good condition. If speed bumps are necessary, clearly identify them so they do not become tripping hazards. Mark routes separately for traffic and pedestrians. Make sure illumination is adequate and replace burned out lamps promptly.

There are also items you should focus on during inclement weather, such as rain and snow in relation to slip and fall injuries. OSHA now mandates “walking-working surfaces are maintained free of hazards such as ... corrosion, leaks, spills, snow, and ice.” This includes parking lot areas. Be sure to maintain parking lots for water drainage and snow removal. Clearly define snow removal responsibilities need, whether done by your workers or an outside company. If your organization handles snow removal, be sure the proper equipment (including snow removal vehicles, salt or ice-melting chemicals, snow blowers, and shovels) are available. If you contract with an outside company for snow removal, make sure to clearly define your expectations regarding the timing and frequency of removal.

Remind employees frequently to slow down and focus on walking when there is snow and ice. Wear proper shoes while going in and out of a building. Walk with your feet turned outward and in small shuffling steps when possible. At this point, the instructor should demonstrate how to walk (aka like a duck).

Vehicle accidents
Many motor vehicle accidents happen in parking lots. Your company can take a variety of steps to reduce the likelihood of having a vehicle accident in a parking lot. Maintain speed limit signs and enforce a safe speed in all parking lots and access roads. Mark traffic pattern and parking spaces in an obvious way. Parking spaces need to be large enough. Maintain good illumination and visibility in all areas of the parking lot. Finally, train all employees on parking lot safety to increase awareness.

Employees and customers can prevent accidents by following a few suggestions. First, think about a parking lot like a busy intersection and don’t assume other drivers will act in a predictable manner. Be aware and look in all directions as you travel. This is often referred to as “keeping your head on a swivel.” Watch for cars that might be cutting diagonally across the lot and drive slowly. Employees who must work in parking lots as attendants, escorts, security, or cart collectors should wear reflective vests.
Use turn signals and yield the right of way to cars travelling along aisles. Try to align your vehicle in the center of a parking space. If you park over the line, diagonal or not into a space far enough, you may not give other drivers the appropriate room to park their vehicle without harming yours. Also, look for spots where you can pull through and face out to prevent the need for backing when you leave. Avoid parking between large vehicles whenever possible. Spending a little extra time to park your vehicle will improve your chances of avoiding an accident.

**Group activities**
There are many things to do to get trainees involved in parking lot safety during a training or talk. Have the group take a tour of your parking areas to identify hazards. Get a small group involved in evaluating the flow of a parking lot or sidewalk traffic. Finally, ensure all employees have a way to report safety concerns, including those in parking lots.

**Conclusion**
Safety does not stop when you leave the building. Emphasize and follow parking lot safety to prevent harm to customers and employees. Focusing on personal security, slip and fall injury prevention and vehicle accidents can go a long way in reducing injuries and positively affecting the bottom line at your company.

**Resources**
- National Safety Council – Parking Lot Safety
- The Do’s & Don’ts of Parking Lot Safety
- Parking Garage Safety Checklist