DRUG ADDICTION AFFECTS ALL OHIOANS

Know the warning signs

Know the facts:

• Heroin and other opiates kill at least 23 people in Ohio every week.
• Opiate pain pills, fentanyl, and heroin are all opioids.
• One in five Ohio residents knows someone struggling with heroin addiction.
• Naloxone is a medication used to reverse the effects of an opioid overdose.

Know the signs of opioid abuse or addiction:

• Sudden dramatic weight loss
• Changes in expected emotional response and rapid mood swings
• Dramatic changes in sleep patterns
• Constipation without reasonable explanation
• Small or pinpoint pupils
• Unexplained missing personal items and money

Know the symptoms of opioid overdose:

• Bluish nail beds and lips, pale or grayish skin tone
• Noisy and irregular breathing, respiratory arrest, cardiac arrest

Know where to get assistance for you or your loved one:

If you suspect an overdose, call 911. For nonemergency assistance, call the Ohio Department of Mental Health and Addiction Services Toll-Free Bridge Line at 1-877-275-6364 for local resources, or visit www.RecoveryIsBeautiful.org.