

Streaming videos available through Safety Source

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Ohio Bureau of Workers' Compensation, Division of Safety & Hygiene Video Library
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In those cases where the video title differs between BWC and the streaming provider, the difference is noted.

All of these videos are also available to borrow in DVD and/or VHS format.

Construction

Abrasive Blasting Safety (Abrasive Blasting)

Discusses safety practices related to abrasive blasting, including personal protective equipment, equipment inspection and potential hazards. 2003, 12 minutes. VHS No. 600078.

Backhoe/Loader Operations (Backhoe Loader Operations Construction)

Reviews basic safety procedures for operating backhoe loaders, including PPE, inspections, driving, digging and refueling. Includes Spanish version. Streaming available in English and Spanish. 2015, 8 minutes. DVD No. 400090.

Backhoe Safety: Inspection and Walk Around [W] (Pre-Shift Walk Around Inspection: Backhoes)

Provides a detailed lesson on how to perform a pre-operational inspection of a backhoe. 2006, 12 minutes. VHS No. 600089; DVD No. 400089.

Call Before You Dig Anything

Emphasizes the importance of contacting necessary authorities before excavating or digging. Reviews electrocution hazard from buried utility lines and preventive measures. 1993, 7 minutes. VHS No. 600173.

Competent Person: Trenching and Shoring (Trenching & Shoring Safety)

Provides an introduction to the role and duties of the competent person in trenching and shoring. Includes the responsibility for inspections, soil classification, trench protection and following the OSHA's requirements. Streaming available in English and Spanish. 2011, 29 minutes. VHS No. 600129; DVD No. 400129.

Competent Person and Soil Classification (Soil Classification)

Describes the requirements for analyzing and classifying soil from trenches and excavations. Demonstrates both visual examination and manual testing. 2011, 20 minutes. VHS No. 600132; DVD No. 400132.

Flagger Safety (Traffic Control/Flagger Safety Construction)

Introduces safety issues facing traffic control flaggers. Covers clothing, signs, position and the importance of the job. 2004, 13 minutes. VHS No. 600101; DVD No. 400101.

Operating a Telehandler Safely (Telehandlers: Safe Operation)

Introduces viewers to the safe operation of these rough-terrain powered industrial trucks. Addresses inspection, terrain, lifting and transporting loads, the stability triangle and other safety issues. 2011, 16 minutes. VHS No. 600094; DVD No. 400094.

Operating a(n) Aerial Boom Supported Platform Safely (Aerial Lift Work Platform)

Promotes basic safe operating procedures for boom-supported aerial work platforms used in maintenance and construction. Includes inspection, controls, traveling on rough terrain and moving the platform. 2011, 14 minutes. VHS No. 600034; DVD No. 400034.

Driving

Backing, Parking & Intersections

Provides defensive driving techniques for backing, parking and at intersections. Encourages professional drivers to drive responsibly. 2005, 18 minutes. VHS No. 650072; DVD No. 450072.

Bobtailing and Jackknifing

Includes two segments on professional truck driving: the hazards of driving a tractor without a trailer with tips to avoid rollover and strategies to avoid jackknifing a trailer & trailer swing. 2015, 8 minutes. DVD No. 450070.

Courtesy Vehicle Safety (Courtesy Shuttle Safety)

Provides an orientation for drivers of courtesy shuttle vans used in the hospitality industry. Addresses daily inspections, the safe operation of 15-passenger vans and the hazards of distracted driving. 2008, 11 minutes. VHS No. 650097; DVD No. 450097.

Defensive Driving

Points out the importance of taking responsibility for driving safely. Covers the basics of safe driving as well as pre-trip inspections, passing, adverse weather, backing, distractions and accident procedures. 2012, 20 minutes. VHS No. 650107; DVD No. 450107.

Distracted Driving: Making the Correct Choice

Urges viewers to choose to drive safely by minimizing distractions such as using a cell phone, reading, eating, adjusting controls and personal grooming. 2012, 13 minutes. DVD No. 450103.

Driving Distractions of the Professional Driver

Encourages professional drivers to limit distracted driving behaviors by planning ahead and staying aware of their surroundings. Covers common distractions, such as adjusting controls, loose items, eating, talking on the phone and pedestrians. 2005, 17 minutes. VHS No. 650071.

Driving In Extreme Weather Conditions

Reinforces for truck drivers safe practices while driving in hazardous conditions. Reviews driving through ice & snow, high winds, rain, fog, night driving, construction zones and mountains. 2015, 10 minutes. DVD No. 450034.

Driving Safely in Winter Conditions (Winter Driving Safety)

Describes the many hazards of winter driving and techniques that drivers can use to deal with them. Geared to drivers of passenger cars. 2006, 20 minutes. VHS No. 650078; DVD No. 450078.

Dump Truck Safety

Focuses on the safe operation of dump trucks, addresses daily inspections, controls and raising/lowering the bed. 2012, 11 minutes. VHS No. 650106; DVD No. 450106.

Pre-Trip Inspections: School Buses

Describes how to conduct a thorough, comprehensive pre-trip inspection to ensure the safe operation of a school bus. 2015, 10 minutes. DVD No. 450200.

Texting & Driving (Texting And Driving: The Facts)

Presents facts, statistics and testimonials about the dangers of texting while driving. 2012, 9 minutes. VHS No. 650112; DVD No. 450112.

Electricity and lockout/tagout**Electrical Safety For Qualified Workers (Concise Version)**

Addresses the hazards presented by energized electrical parts and how qualified electrical workers can protect themselves through safe work practices. Covers approach boundaries, electric shock, arc flash, personal protective equipment and creating an electrically safe work condition. Accompanying guide available. 2014, 13 minutes. DVD No. 470019.

Laboratory Safety Series: Electrical Safety in the Laboratory (Electrical Safety in the Laboratory)

Encourages safe electrical work practices in the laboratory. Covers the fundamentals of electrical current and grounding as well as the use of electrical equipment around flammables and the procedures for electrical emergencies. Accompanying guide available. 2011, 12 minutes. DVD No. 470071.

Lockout-Tagout (Lockout/Tagout Procedures)

Covers the hazards associated with the accidental release of energy, the proper lockout/tagout procedures to ensure a zero energy state and proper start-up procedures. 2005, 14 minutes. VHS No. 670062; DVD No. 470062.

Safe Electrical Work Practices & 2015 NFPA 70E (Concise Version)

Presents an overview of the 2015 edition of NFPA 70E, and describes how it differs from the 2012 edition. Shows how following these guidelines helps keep electrical workers safe. Accompanying guide available. 2014, 15 minutes. DVD No. 470014.

Ergonomics and office safety**Back Safety: Proper Lifting Procedures**

Provides guidelines, and demonstrates techniques for lifting and moving safely. Explains how to minimize the stress placed on the lower back. 2005, 17 minutes. VHS No. 640067; DVD No. 440067.

Laboratory Safety Series: Laboratory Ergonomics (Laboratory Ergonomics)

Teaches laboratory employees how good body mechanics and a properly-arranged workstation can prevent injuries. Discusses the positioning of tools and materials, maintaining a neutral body position, glove fit, lifting and how to avoid eye, neck and back strain. Accompanying guide available. 2011, 12 minutes. DVD No. 440084.

Move It Safely: Avoiding Injury While Moving Materials (Concise Version)

Reviews the techniques, precautions and work practices required to move objects safely. Covers manual lifting, the use of hand trucks, carts and dollies and working with and around pallet jacks and forklifts. Accompanying guide available. 2013, 10 minutes. DVD No. 440087.

Office Ergonomics: Adjusting Your Workstation and Postures (Office Ergonomics)

Demonstrates how to adjust your computer workstation to fit your body, a five-step process that involves the chair, keyboard, monitor, accessories and taking breaks. 2011, 14 minutes. VHS No. 640085; DVD No. 440085.

Overexertion: Injury Prevention (Overexertion Prevention Construction)

Creates awareness of the risk factors for strains and sprains. Encourages best practices that address posture, lifting and stretching. 2004, 14 minutes. VHS No. 640069; DVD No. 440069.

Understanding And Controlling Ergonomic Risk Factors (Concise Version)

Defines ergonomics and musculoskeletal disorders and explains the measures employers can take to control ergonomic risk factors. Reviews work practices that employees in offices and industry can follow. Accompanying guide available. 2015, 10 minutes. DVD No. 440044.

Fire safety and emergency preparedness

Emergency Preparedness: A Supervisor's Role (Emergency Preparedness: A Supervisor's Responsibility)

Emphasizes management's responsibility to identify, prepare and implement plans for all types of emergencies. Addresses workplace violence, tornadoes, floods, fire and power outages. 2005, 34 minutes. VHS No. 690163; DVD No. 490163.

Emergency Preparedness: An Employee's Responsibility

Addresses the personal roles and responsibilities of employees for emergency preparedness. Includes terrorism, fire, floods and workplace violence. 2004, 26 minutes. VHS No. 690164; DVD No. 490164.

Evacuation Procedures

Helps employees prepare to evacuate safely during an emergency. Covers evacuation procedures regarding exits, alarms and assembly points. Addresses multi-story buildings, fire and explosions and hazardous materials emergencies. Includes resource material. Accompanying guide available. 2015, 18 minutes. DVD No. 410057.

Laboratory Safety Series: Planning for Laboratory Emergencies (Planning for Laboratory Emergencies)

Encourages lab workers to be prepared for emergencies by becoming familiar with the emergency plan and knowing the steps to take in the event of a spill, fire or explosion. Covers spill cleanup, fire extinguishers, and safety showers and eye washes. Accompanying guide available. 2011, 15 minutes. DVD No. 490233.

Preventing Fires During Hot Work Operations (Concise Version)

Discusses the safe work practices needed to prevent fires caused by welding, cutting, grinding or brazing operations. Reviews the responsibilities of the permit authorizing individual, the fire watch and the hot work operator. Accompanying guide available. 2014, 9 minutes. DVD No. 410006.

First aid and health care

Bloodborne Pathogens

Provides a general overview of bloodborne pathogens, applicable to any workplace or occupation where exposures might occur. Streaming available in English and Spanish. VHS No. 630076: 2000, 18 minutes. VHS No. 630077: 2000, 18 minutes in Spanish. DVD No. 430076: 2005, 21 minutes.

Heat Stress: Real Accidents, Real Stories

Describes the symptoms, effects and prevention of heat stress in both indoor and outdoor workplaces. Features accounts of two actual incidents of heat stress. 2010, 15 minutes. DVD No. 430129.

Heat Stress: Staying Healthy, Working Safely

Discusses how employees can minimize the hazards of working in hot environments. Gives the symptoms of several heat-related illnesses and recommended first aid. Streaming available in English and Spanish. 2008, 14 minutes. DVD No. 430002.

Laboratory Safety Series: Safety Showers and Eye Washes in the Laboratory (Safety Showers & Eye Washes in the Laboratory)

Demonstrates how to use safety showers and eye washes in an emergency. Geared to chemical laboratories but applicable to other workplaces as well. Accompanying guide available. 2011, 9 minutes. DVD No. 430132.

To The Point About: Bloodborne Pathogens

Provides a review of issues surrounding workplace exposure to bloodborne pathogens. Covers bloodborne diseases, the exposure control plan and universal precautions. Geared to general industry. Includes Spanish version. Accompanying guide available. Closed captioned in English and Spanish. 2014, 12 minutes. DVD No. 430146.

Industrial hygiene

Dealing With Hazardous Spills

Describes the five levels of hazmat training and the responsibilities of each level. Demonstrates how to clean up a small spill. Accompanying guide available. 2001, 23 minutes. DVD No. 490201.

DOT Hazmat General Awareness

Addresses the general awareness training requirements of the hazardous materials requirements (HMR) for those who handle or transport hazardous materials. Covers recognition, packaging, placarding and shipping papers. Accompanying guide available. 2013, 21 minutes. DVD No. 490078.

DOT Hazmat Safety Training

Focuses on the safety training requirements of the hazardous materials regulations (HMR). Covers hazard information sources, proper work practices and emergency response procedures. Accompanying guide available. 2013, 21 minutes. DVD No. 490079.

GHS: Globally Harmonized System of Classification & Labeling of Chemicals (GHS - Hazard Communications)

Teaches hospitality employees how to work safely around chemicals. Introduces the labels and safety data sheets required by OSHA's adoption of the GHS. 2012, 16 minutes. DVD No. 490503.

GHS Safety Data Sheets

Explains how the Globally Harmonized System will standardize the format and simplify the language of the material safety data sheet. Gives a section-by-section explanation of the new safety data sheet. Accompanying guide available. 2012, 16 minutes. VHS No. 690022; DVD No. 490022.

Hearing Conservation: The Facts

Describes how hearing works, how hearing loss occurs and how to prevent it both on and off the job. Summarizes the elements of a hearing conservation program and compares the types of hearing protection available. Includes an appearance by Lou Ferrigno. 2010, 20 minutes. VHS No. 620413; DVD No. 420413.

Laboratory Safety Series: Flammables and Explosives in the Laboratory (Flammables & Explosives in the Laboratory)

Addresses the safe work practices required when working with flammable and explosive chemicals in the laboratory. Includes ventilation, storage, disposal and spills. Accompanying guide available. 2011, 14 minutes. DVD No. 490232.

Laboratory Safety Series: Handling Compressed Gas Cylinders in the Laboratory (Handling Compressed Gas Cylinders in the Laboratory)

Instructs lab workers on the safe handling of compressed gas cylinders. Covers the four compression methods, cylinder storage, moving and installation, regulators, pressure relief devices and leak emergencies. Accompanying guide available. 2011, 15 minutes. DVD No. 490234.

Laboratory Safety Series: Orientation to Laboratory Safety (Orientation to Laboratory Safety)

Presents an overview of laboratory safety issues: personal protective equipment, laboratory apparatus, lab hoods, chemical storage, disposal and labels, housekeeping and emergencies. Accompanying guide available. 2011, 12 minutes. DVD No. 490223.

Laboratory Safety Series: Safe Handling of Laboratory Glassware (Safe Handling of Laboratory Glassware)

Reminds lab workers how to prevent glassware-related accidents. Covers glassware handling and cleanup procedures, cutting and bending glass tubing, vacuum operations and cleaning up after glassware accidents. Accompanying guide available. 2011, 13 minutes. DVD No. 490236.

Laboratory Safety Series: The OSHA Formaldehyde Standard (OSHA Formaldehyde Standard)

Reviews the requirements of OSHA's formaldehyde standard. Addresses health hazards, air monitoring, personal protective equipment, labels and emergencies. Accompanying guide available. 2011, 15 minutes. DVD No. 490235.

Respiratory Protection

Discusses how the respiratory system works, common airborne hazards and the proper use, care and fit of respirators. 2006, 14 minutes. VHS No. 620367; DVD No. 420367.

Industrial safety**Advanced New Employee Orientation (Advanced Safety Orientation)**

Presents a general orientation to many of the safety and health issues encountered in industrial workplaces. Emphasizes each employee's personal responsibility for safety. 2012, 38 minutes. VHS No. 620909; DVD No. 420909.

Creating Safety in Welding Operations (Concise Version)

Provides an overview of the safety issues related to welding and the precautions welders must take. Includes fire prevention and hot work, PPE and clothing, ventilation and working near others. Accompanying guide available. 2015, 10 minutes. DVD No. 420456.

Bucket Truck Safety

Describes how to minimize the risks of working with bucket trucks. Addresses inspections, electrical hazards, fall protection and tip-over prevention. 2009, 12 minutes. VHS No. 620396; DVD No. 420396.

Extra Effort for Safety Sake (An Extra Effort For Safety Sake: Safety Behavior)

Reinforces the message that everyone is responsible and accountable for safety with scenarios, statistics, preventive techniques and a light touch. Accompanying guide and CD-Rom available. Streaming available in English and Spanish. 2004, 12 minutes. VHS No. 620365; DVD No. 420365.

Eye Safety Basics

Covers a variety of eye hazards and eye injuries and how to prevent them by wearing appropriate eye protection. Includes first aid for chemical splashes. Contains graphic depictions of eye injuries. 2010, 12 minutes. VHS No. 620402; DVD No. 420402.

Forklift Safety (Forklift Operator Training)

Stresses for experienced operators the importance of and responsibility for the safe operation of their lift trucks. Reviews the major components of the truck, the stability triangle and safe operating rules. 2011, 17 minutes. VHS No. 620044; DVD No. 420044.

Forklift Safety: The Experienced Operator

Reminds forklift operators of the importance of safe operation, reviewing expectations, responsibilities, skills and techniques. Features scenes of the Air Force Thunderbirds. 2006, 13 minutes. VHS No. 620026; DVD No. 420026.

Hand and Power Tool Safety

Encourages the safe use of hand and power tools, focusing on tools commonly used in automotive repair. 1995, 13 minutes. DVD No. 420922.

Hand Injury Prevention: You Control It (Hand Safety: You Control It)

Educates employees on the different types of hand injuries that can occur, recognition of common hand hazards and preventive measures. 2005, 12 minutes. VHS No. 620366; DVD No. 420366.

I Chose to Look the Other Way: Three Stories of Workplace Safety

Reenacts three common scenarios of workers not speaking up about safety and then witnessing their silence lead to a fatality. Features the safety poem by Don Merrell. Accompanying guide available. 2014, 13 minutes. DVD No. 420032.

Incident Investigation

Describes the purpose of incident investigation and the skills and techniques required. Discusses how to identify root causes of incidents and develop corrective measures. 2007, 18 minutes. VHS No. 620364; DVD No. 420364.

Ladder Safety

Describes the guidelines and procedures for safely using portable ladders. 2007, 10 minutes. VHS No. 620378; DVD No. 420378.

Machine Guarding & Operator Safety (Concise Version)

Describes machine hazards such as the point of operation and power sources, and encourages safe work practices. Familiarizes viewers with the various types of guards, interlocks, safety devices and controls. Accompanying guide available. 2014, 11 minutes. DVD No. 420071.

Machines, Operators and Guards: Real Accidents, Real Stories (Machine Guarding: The Real Story)

Emphasizes the importance of working safely with machines and using the guards provided as intended. Illustrates these points with two incidents where complacency and shortcuts led to injury and death. 2008, 15 minutes. VHS No. 620386; DVD No. 420386.

Making Safety Work: An Overview of Workplace Safety & Employee Responsibilities (Concise Version)

Provides an overview of common workplace hazards and how they can be controlled. Includes lockout/tagout, personal protective equipment and hazard communication. Demonstrates how easily injuries can occur. Accompanying guide available. 2013, 12 minutes. DVD No. 420924.

Overhead Cranes: Crane Safety Basics (Overhead Cranes : Safety Is In Your Hands)

Promotes the safe and proper use of overhead cranes, from pre-operational inspection to proper storage. Covers rigging, lifting, moving and setting a load. 2013, 14 minutes. DVD No. 421005.

Reach Truck Safety

Points out the differences between narrow-aisle reach trucks and other forklifts. Covers what reach trucks are used for, pre-operational inspection, plugging and braking, load handling and tipovers. 2011, 15 minutes. VHS No. 620022; DVD No. 420022.

Safe Use & Operation Of Industrial Cranes (Concise Version)

Reviews the safe operating practices common to all industrial cranes, including pre-operational inspection, inspection of chains and slings, rigging the load, lifting and transporting the load and the use of hand signals and taglines. Accompanying guide available. 2014, 12 minutes. DVD No. 420331.

Safety Committees: The Real Story

Identifies the reasons why safety committees fail and how they can succeed. Addresses communication, goal setting, problem solving, safety awareness and training. Streaming available in English and Spanish. 2015, 9 minutes. DVD No. 420335.

Scissor Lifts In Industrial and Construction Environments

Describes the hazards associated with the use of scissor lifts. Emphasizes the importance of safe operation, including inspections and set up. Accompanying guide available. 2013, 13 minutes. DVD No. 420435.

Slips, Trips & Falls

Explains the leading causes of slips, trips and falls and presents best practices and preventive measures applicable to a variety of workplaces. Accompanying guide and CD-Rom available. Streaming available in English and Spanish. 2006, 12 minutes. VHS No. 620363; DVD No. 420363.

Solid Waste Series: Backing Accident Prevention (Solid Waste: Vehicle Backing Accident Prevention)

Explains the measures drivers should always take to prevent backing accidents while driving a solid waste collection truck, including the use of spotters. Spanish version available to stream. 2009, 10 minutes. VHS No. 620024; DVD No. 420324; DVD No. 420325 in Spanish.

Solid Waste Series: Commercial Pick-Up - Front-End Loading and Roll-Offs (Solid Waste: Commercial Pickup)

Focuses on the commercial pick-up of solid waste. Covers driving safety, container pick-up, roll-off sites, hot loads, transfer stations and landfills. 2009, 11 minutes. Spanish version available to stream. VHS No. 620101; DVD No. 420101; DVD No. 420102 in Spanish.

Solid Waste Series: Pre-Trip Inspection (Solid Waste: Pre-Trip Inspection)

Shows how to perform a thorough pre-trip inspection of a solid waste collection vehicle. Spanish version available to stream. 2009, 9 minutes. VHS No. 620100; DVD No. 420399; DVD No. 420898 in Spanish.

Solid Waste Series: Residential Operations (Solid Waste: Residential Operations)

Reviews the hazards of residential pickup of solid waste, and recommends best practices. Addresses both manual and automated pickup. Spanish version available to stream. 2009, 11 minutes. VHS No. 620013; DVD No. 420012; DVD No. 420010 in Spanish.

Solid Waste Series: Route Safety Analysis (Solid Waste: Route Safety)

Encourages drivers to identify and report hazards and unsafe conditions along their solid waste collection routes, including pavement damage, container accessibility and hazardous waste. Spanish version available to stream. 2009, 9 minutes. VHS No. 620081; DVD No. 420081; DVD No. 420088 in Spanish.

Solid Waste Series: Safety Orientation (Solid Waste: Safety Orientation)

Provides a broad overview of the hazards that solid waste collection workers face. Geared to new employees. Spanish version available to stream. 2009, 12 minutes. VHS No. 620075; DVD No. 420075; DVD No. 420076 in Spanish.

Surviving the Fall: The Proper Use of Your Personal Fall Arrest System (Concise Version)

Demonstrates actual fall events to emphasize the importance of recommended practices for safely working at height. Covers the components of the personal fall arrest system, forces generated during a fall and fall-limiting devices. Concise version does not include segments on rescue and suspension trauma. Accompanying guide available. DVD No. 420034.

To The Point About: Personal Protective Equipment

Provides an overview on how to select, inspect and wear PPE. Covers head, hearing, eye and face, hand and foot protection. Includes Spanish version. Closed captioned in English and Spanish. 2015, 12 minutes. DVD No. 420897.

Utility Cart Safety

Provides an overview of utility cart safety, covering inspections, safe operating procedures, rules for riders and pedestrians. 2002, 10 minutes. VHS No. 620177.

Walkie Stacker Safety

Familiarizes viewers with the safe operation of walkie stackers, also known as straddle trucks. Covers the daily inspection, center of gravity, stability triangle and general safe operating guidelines. 2012, 10 minutes. VHS No. 620908; DVD No. 420908.

Social and behavioral workplace issues

Active Shooter (Active Shooter Awareness Video: Helping Prevent Tragedy)

Stresses the importance of being prepared in the event of an active shooter attack. Describes the measures to take to protect yourself. 2013, 9 minutes. DVD No. 400038.

Active Shooter And Workplace Violence

Familiarizes viewers with basic response practices when encountering workplace violence. Includes indicators of potentially violent behavior, how to respond to violent behavior and how to respond in an active shooter situation. Accompanying guide available. 2014, 10 minutes. DVD No. 400026.

Aging Workforce (Employee Version) (Aging Workforce: Employee Training)

Discusses the challenges and benefits of an aging workforce. Provides strategies for older workers to cope with the changes that aging brings. 2008, 11 minutes. VHS No. 700144; DVD No. 400144.

Aging Workforce (Management Version) (Aging Workforce - Supervisor Version)

Provides managers with strategies for dealing with the challenges of an aging workforce. Stresses the benefits of keeping older workers on the job. 2008, 12 minutes. VHS No. 700143; DVD No. 400143.

Dealing With Drug And Alcohol Abuse... For Employees

Presents information about substance use and abuse, including commonly used drugs, dependency and recovery. Addresses drug-free workplace policies and what to do if an employee suspects a co-worker of substance use on the job. Accompanying guide available. 2006, 19 minutes. VHS No. 700064; DVD No. 400064.

Personal Hygiene in the Workplace

Addresses the sensitive topic of personal cleanliness and appearance, and how it affects working relationships and productivity. 2011, 7 minutes. VHS No. 700042; DVD No. 400042.

Workplace Harassment in Industrial Facilities

Addresses all types of harassment: verbal abuse, threats, harassment and violence, sexual harassment and stalking. Illustrates with examples and offers strategies. Accompanying guide available. 2007, 17 minutes. VHS No. 700141; DVD No. 400141.

Workplace Stress

Offers practical and effective stress-fighting techniques such as awareness of causes, relaxation and stretching exercises, a positive attitude, a healthy lifestyle and talking about problems. Accompanying guide available. 2014, 14 minutes. DVD No. 460117.

Miscellaneous

Acid Battery and Jump Starting

Reviews car battery safety: how the lead-acid battery works, how to test and charge batteries and how to jump-start a vehicle. Aimed at automotive service workers. 1999, 12 minutes. DVD No. 490504.

Clean and Safe: Restrooms

Identifies common hazards encountered while cleaning restrooms. Describes preventive measures such as personal protective equipment and chemical safety. Streaming available in English and Spanish. 2013, 5 minutes. DVD No. 490093; DVD No. 490095 in Spanish.

Convenience Store Safety

Provides an orientation to safety and security for employees of convenience stores. Covers what to do if a robbery occurs, back injury prevention and proper housekeeping. 2011, 12 minutes. DVD No. 490227.

Garage/Repair Shop Safety

Promotes safe work practices in repair shops and garages. Covers PPE, electrical safety, chemical/flammables safety, housekeeping and lifting. Aimed at school bus mechanics but applicable to any repair facility. 2015, 15 minutes. DVD No. 490119.

Janitorial Safety Orientation

Reviews common job hazards and safety procedures for janitorial, housekeeping and custodial staff. Covers PPE, back injury prevention, bloodborne pathogens, electrical safety, chemicals and slips, trips and falls. Streaming available in English and Spanish. 2015, 12 minutes. DVD No. 490088.

Restaurant Injury Prevention

Describes common hazards in restaurants and kitchens and recommends work practices that prevent injury. Includes burns, cuts, overexertion and slips, trips and falls. This video is available for streaming in English and Spanish. 2014, 16 minutes. DVD No. 490051.

Restaurant Safety Orientation (Restaurant: Safety Orientation)

Promotes safe work practices in restaurants. Addresses personal protective equipment, cuts and burns, lifting, slips and falls, chemicals, food safety and security. Spanish version available to stream. 2010, 15 minutes. VHS No. 690005; DVD No. 490005; VHS No. 690052 in Spanish; DVD No. 490052 in Spanish.

Safe Walking in Hazardous Conditions

Urges viewers to avoid slips and falls while walking on snowy or icy surfaces by being aware, taking precautions and using the techniques demonstrated. 2014, 8 minutes. DVD No. 490096.

Supermarket Series: Baler Safety (Supermarket: Baler Safety)

Demonstrates the safe operation of balers used in stores to crush and bale cardboard. 2011, 7 minutes. VHS No. 690229; DVD No. 490229.

Supermarket Series: Box Cutter Safety (Supermarket: Box Cutter Safety)

Describes how to use box cutters safely, including cutting techniques, changing and disposal of blades and storage. 2011, 6 minutes. VHS No. 690230; DVD No. 490230.

Supermarket Series: Preventing Slips, Trips & Falls (Preventing Slips, Trips and Falls)

Urges store employees to take responsibility for preventing slips, trips and falls by cleaning up spills, removing hazards, wearing appropriate footwear, etc. Addresses employee and customer safety. 2011, 9 minutes. VHS No. 690231; DVD No. 490231.

Supermarket Series: Safety Orientation (Supermarket: Safety Orientation)

Provides a general overview of supermarket safety issues, including safe lifting techniques; prevention of cuts and burns, and slips, trips and falls; food safety; hazard communication; and machine operation. 2011, 20 minutes. VHS No. 690228; DVD No. 490228.

Tree Trimming Safety

Raises awareness about the many hazards of tree trimming. Promotes safe work practices, addressing PPE, chain/saws, bucket trucks, chippers, electricity and fall prevention. 2010, 18 minutes. DVD No. 490099.

Working Safely Around Rail Cars

Advises rail yard workers on how to safely work on and around trains. Discusses PPE, mounting and dismounting rail cars, fall protection and safely moving around trains and railroad tracks. 2015, 9 minutes. DVD No. 490123.