

Back Injury Claims Guide

- Was there a triggering accident? If yes, exactly what was claimant doing at time of accident.

- Did the claimant slip, stumble, trip, or fall?

- Was the claimant lifting a heavy object? If yes, obtain weight and description of the article, method of lifting, and in what position was the claimant.

- Did pain occur while in stooped position or during a steady pull?
Determine the exact location of the pain and when it was first noticed?

- Obtain hospital records.
Compile a history through medical records from physicians, chiropractors, physical therapists and hospitals.

- Search for previous workers compensation or third-party liability claims.

- Interview attending physician on question of causal relationship.

- Check with the employer regarding previous back complaints.