

BWC Update

Safety news from the Ohio Bureau of Workers' Compensation

Stop electric shock

Electric shock is a constant hazard that can literally strike in a flash. Just two seconds of exposure to a small ampere of electricity can lead to severe brain injury, amputated limbs and even death. Some injuries from electrical shock even strike after the electrical current has left the body.

BWC can help protect your workers from the many dangers of working with electricity. BWC recommends the following control measures to ensure the safety of your workers:

- Ensure all electrical equipment is grounded or double insulated;
- Inspect electrical cords, tools and equipment for damage;
- Provide ground fault circuit interrupters on electrical outlets near water sources;
- Develop lockout/tagout procedures for all energized equipment.

BWC also offers instructional resources to help protect your employees. These include:

- Safety consulting services;
- Training courses on electrical safety and other safety-related practices;
- Videos on electrical safety and lockout/tagout procedures;
- *Safety Talks* on working safely with electricity;
- Educational guides on electric power tools.

BWC can also help you protect your workers from other common service industry safety hazards, such as:

- Overexertion;
- Slips, trips and falls;
- Exposure to chemicals and temperature extremes;
- Cuts and lacerations.

More information is available about preventing injuries in the services industry by [clicking here](#).

Connect with a BWC safety consultant at 1-866-569-7805 or via email at besafe@ohiobwc.com.