

Friday, Oct. 14, 2016

# **NE Ohio Safety Expo**

# **Conference goal**

The 2016 Safety Expo is an annual event proudly presented by BWC's Youngstown Service Office and Trumbull Career & Technical Center. The goal is to provide you with valuable and effective information regarding your safety and health programs. This year's Expo offers 40 quality educational sessions to learn how to decrease accident frequency and severity, return to work strategies, A.L.I.C.E. training, drugs in the workplace, and many more to select from. All business types will find educational sessions that provide you with tools and information to take back to your business.

# **Trumbull Career & Technical Center**

528 Educational Highway Warren, OH 44483

# Registration

Educational sessions have a limited amount of seats, so please register and pre-pay by Friday Oct. 7, 2016. Onsite registration is welcome for an additional \$10 but we cannot guarantee there will be space available in all the sessions. The registration form is located below along with a complete list of educational sessions. Please complete it and send it to us using one of the methods listed below:

Mail:	TCTC, Adult Education
	528 Educational Highway, Warren, OH 44483
Website:	www.tctchome.com
Phone:	330-847-0503 ext 1600
Fax:	330-847-1177

# **Conference times**

Registration 7 to 8 a.m. Enjoy the continental breakfast and visit the exhibitors

Educational sessions run from 8 a.m. to 3:30 p.m.

Lunch runs from 11:30 to 12:30 p.m.

# **Conference price**

Attendees: \$30 which includes a continental breakfast and a box lunch

Exhibitors: \$150 which includes an exhibit table, a continental breakfast and a box lunch for two people. Spaces are limited.

# **Educational credits**

- HRCI and SHRM certification credits are pending
- Safety council members may earn one external credit in the BWC's Safety Council Rebate Program. Stop by the BWC booth located in the Expo Center to get your certificate. Maximum – one external training certificate per company.
- Attending half-day OCOSH session marked \* earns a ½ loss prevention activity credit for the BWC's Industry-Specific Safety Program (ISSP).
- Attending all-day OCOSH Session marked \*\* earns a 1 loss prevention activity credit for the BWC's ISSP.
- Sessions marked ^ qualify for two-hour group rating safety training credit.

# **Registration** (part 1) Use one registration form per attendee; make copies for additional attendees.

Attendee's first name:	Last name:		
Last four digits of Social Security number:			
Email:			
Company name:	Phone:		
Address:			
City, State, ZIP code:			
Payment method	Fee		
Check (Make payable to TCTC Adult Education)	O Attendee: \$30		
Purchase order #			
Credit card			
🔿 Visa 🔿 MasterCard 🔿 Discover			
Card number:			
Expiration date:			
Print name on card:			
Signature on card:			

# Educational sessions (registration part 2)

All of the educational sessions are listed below by the time of day. Please mark the sessions you wish to attend and return this completed section with the registration on the previous page. Most of the educational sessions are 60 minutes in length, however there are several sessions that are more than one track and we are also offering four OCOSH classes. Two are half-day and the other two are full-day sessions.

# For more information:

For general questions on educational sessions or exhibitors contact David Costantino at 330-301-5825 or email at <u>david.c.3@bwc.state.oh.us</u>

For registration or payment contact Mary Kay Papas at 330-847-0503 or email at <u>MaryKay.Papas@tctchome.com</u>

# **Course listing**

# (Select one per time-slot.)

One-hour sessions Start time 8 a.m.

#### Are Your New Hires Fit for Duty or Your Next Workers' Compensation Claim? and Transitional Work Options

Dianne Lindsay/Cheryl Altizer, Comp One MCO Learn the essential steps to ensure the potential new hire's abilities match the physical demands of the targeted job. Alternatives for accommodating light or modified duty will be discussed, to avoid a lost time workers' compensation claim.

#### Pt. 1: Responding to an Active Killer - ALICE Training ^

# Bob Thompson & Chris Moffitt, Training Specifics Inc.

This is part one of a three-part program designed to increase your chances of surviving an active shooter or violent intruder.

# ○ Return-to-Work Strategies - Part 1<sup>∧</sup>

*Christine Nickloes, The Matrix Company* Part 1: Employers of all sizes need to pay attention to safety and the cost of workplace accidents to workers as well as to the employer's bottom line. While accident prevention is the best way to reduce overall injury costs, an effective workplace return-to-work (RTW) program is the best way to manage cost and improve recovery after an injury has occurred. There is only a 50 percent chance that an injured employee will return to work after a six-month absence; this decline to a 25 percent chance following a one-year absence and is further reduced to a 1 percent chance after a two-year absence.

#### Engaging Millennials in Safety<sup>^</sup> Nicholas Coia, Ohio BWC

The millennial generation has a different approach to communications, learning and retention of information than other generations. To help protect these workers we need to address how best to train, educate and re-enforce safety principles for them. During the presentation we will look at training examples and how to effectively incorporate the principles into your safety program.

#### ○ Operator Safety: The How's and Why of an Effective Forklift Training Program<sup>∧</sup> Chuck McConnell, Tow Lift

Participants will learn what it takes to comply with OSHA's Powered Industrial Truck Standard (1910.178) and practical information for developing a complete in-house training session. This course will cover how to implement effective training techniques.

#### O Human Trafficking Lt. Marvin Hill, Ohio State Patrol

Learn how human trafficking is one of the fastest growing criminal enterprises worldwide. Each year an estimated 1,078 Ohio children become victims and 3,016 more are at-risk.

## One-hour sessions Start time 9:15 a.m.

Effectiveness of BWC's SafetyGrant\$ Program^ Brenda Smith, Ohio BWC

Learn how to apply for a SIG. With the safety intervention grant, private and public employers are eligible for a 3-to-1 matching grant, up to a maximum grant award of \$40,000 for each eligibility cycle. This means BWC gives \$3 for every \$1 the employer contributes.

## ○ Pt. 2: Responding to an Active Killer -ALICE Training<sup>∧</sup>

Bob Thompson & Chris Moffitt, Training Specifics Inc.

This is part two of a three part program designed to increase your chances of surviving an active shooter or violent intruder.

## OSHA Update<sup>A</sup>

Howie Eberts/Julie Weis, OSHA - Cleveland Describe what you should know about OSHA for 2016 and beyond—regulatory changes, frequently cited standards, how fines and citations are handled, increased OSHA inspections, and specific industry changes.

#### Return-to-Work/Transitional Work Bonus Panel Discussion - Part 2<sup>^</sup> Christine Nickloes, The Matrix Company

Part 2: Employers of all sizes need to pay attention to safety and the cost of workplace accidents to workers as well as to the employer's bottom line. While accident prevention is the best way to reduce overall injury costs, an effective workplace return-to-work (RTW) program is the best way to manage cost and improve recovery after an injury has occurred. There is only a 50 percent chance that an injured employee will return to work after a six-month absence; this decline to a 25 percent chance following a one-year absence and is further reduced to a 1 percent chance after a two-year absence.

# Building a Safety Culture<sup>A</sup>

*Kevin Whitaker, Ascent Safety Solutions* Developing strong safety cultures have the single greatest impact on incident reduction of any process. It is for this single reason that developing these cultures should be top priority for all managers and supervisors.

# Overhead Crane Operation & Rigging<sup>A</sup> Alan Stein / Chuck Karcher, Crane Traning USA

With the changing nature of overhead crane safety regulations, the need for compliant training has never been greater. Do you know what is required?

# (Select one per time-slot.)

One-hour sessions Start time 10:30 a.m.

Crisis Management, Effective Communication Amid a Crisis

Thomas Fladung, Hennes Communication

Your reputation is your greatest uninsured asset. Learn the basics of effective communications amid a crisis, how to work with conventional media and social media and how to survive the court of public opinion with your good reputation intact – or even enhanced.

# Pt. 3: Responding to an Active Killer -ALICE Training<sup>A</sup> Bob Theorem 9, Chris Maffitt Training

Bob Thompson & Chris Moffitt, Training Specifics

This is part three of a three-part program designed to increase your chances of surviving an active shooter or violent intruder.

#### Return-to-Work/Transitional Work Bonus Policy Development - Part 3<sup>^</sup> Pam Dunsath/Tina Elliott, The Matrix

Company Part 3: Employers of all sizes need to pay

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#### Strategies for Success at an Industrial Commission Hearing Steven P. Dlott, Meyers, Roman, Friedberg

# & Lewis

Did you know that most Industrial Commission (IC) hearings take place in a small hearing room with a few people present? Learn how hearings are much different than you might see in a common courtroom. They are informal, quasi-judicial, and less intimidating, while still providing sufficient opportunity for injured workers and employers to present their positions on the claims under review.

### Legalization of Medical Marijuana and the Impact on your Workplace<sup>^</sup> Dyann McDowell, Training Marbles, Inc.

Employers are asking many questions regarding the recent legalization of medical marijuana in Ohio. You will learn what the impact will be to your business and have an opportunity to ask questions.

## Fire Extinguisher Basics & Demo<sup>A</sup> Nick Zamiska, Bad Day Training & Consulting, LLC

Fires can start at any moment and proper training in the use of fire extinguishers can keep you and your employees safe from harm. Session includes live (outside) demo with our instructors!

# Lunch and exhibit visit time 11:30 am to 12:30 pm

# **Course listing** (Select one per time-slot.)

# One-hour sessions Start time 12:30 p.m.

#### Traveling outside Ohio? Learn about BWC's Other States Coverage offering Kendra DePaul. Ohio BWC

Did you know that every time you send an employee out of Ohio, you may be creating a coverage gap? The presenter will review what is covered under Ohio's workers' compensation system when employees leave the State of Ohio. The presentation will also explain what Ohio does not cover, and provide information on options available to address potential coverage gaps.

# • NFPA-70E Arc Flash Safety

Nathan Massie, Enertech Electrical Compliance with National Fire Protection Association (NFPA) 70E is a multi-step process. The presenter provides best practices for reducing arc flash hazards and makes you aware

# Part 1: Workplace Drug Addiction<sup>A</sup>

of any holes in your current policy.

#### Steven P. Dlott, Meyers, Roman, Friedberg & Lewis

Part 1: Learn how using drugs impairs decision-making abilities and physically impairs people. This is a deadly concoction when on the job. In fact, 10-20 percent of American workers who die at work test positive when tested for drugs or alcohol. A study by OSHA states that the most dangerous occupations, such as mining and construction, also have the highest rates of drug use by their employees.

# O Drug Interdiction / K-9 Use in Business^

Don Schismenos, Polaris Safety Solutions You will learn how and see these certified K-9s narcotic detector dogs work around people in companies, inside hospitals and schools.

#### Risk Management for Public Employers Cathy Jones, Mahoning County

Learn how in government, the level and types of risk vary among agencies, as well as within agency divisions. Regardless of the agency's mission, each agency faces risks. These risks must be identified and managed to protect the state's employees, resources, citizens and reputation.

# OSHA Recordkeeping

Brian Zachetti, Ohio BWC

This session will examine OSHA Recordkeeping forms, general recording criteria and specific situations that must be recorded on OSHA Injury & Illness documents. Primary focus of the lecture will be determination of recordability to ensure accurate are maintained.

#### A Unified Response: First Responder/ Private Industry Collaboration^ Nick Zamiska, Bad DayTraining & Consulting, LLC

This informative session covers a variety of common emergencies in the workplace and analyzes case studies where public and private sector collaboration was essential to the successful mitigation of an incident.

# One-hour sessions Start time 1:45 p.m.

# Lockout/Tagout<sup>^</sup>

Brian Zachetti, Ohio BWC This session will examine the requirements of 1910.147 Standard for Control of Hazardous Energy as well as how an effective Lockout/Tagout Program can implemented in the workplace

# Hazardous Location Protection Methods for Electrical Circuits<sup>^</sup>

Greg Stansky, Pepperl+Fuchs, Inc Learn how hazardous locations are classified and what are the appropriate electrical protection methods for safe operation, defining hazardous locations such as, protection methods for electrical equipment in hazardous locations, intrinsic safety, purge/pressurization systems and explosion proof.

# Part 2: Workplace Drug Addiction<sup>A</sup>

## Steven P. Dlott, Meyers, Roman, Friedberg & Lewis

Part 2: Learn how using drugs impairs decision-making abilities and physically impairs people. This is a deadly concoction when on the job. In fact, 10-20 percent of American workers who die at work test positive when tested for drugs or alcohol. A study by OSHA states that the most dangerous occupations, such as mining and construction, also have the highest rates of drug use by their employees.

# ○ Worksite Wellness: Engaging employees of every generation<sup>∧</sup>

# Jerry Lynch, Central Wellness

Wellness is all around us. From healthier choices on menus, yoga studios on every block and employee wellness programs at work, we are surrounded. The question is, how do we get everyone on board? This presentation will discuss the different generations and how they perceive wellness, as well as how to engage each generation in a worksite wellness program

#### ○ Gangs in the Workplace<sup>∧</sup> Don Schismenos, Polaris Safety Solutions

The presenter will discuss the negative impact that gangs and threat groups could have on your business.

# ○ Financial Wellness<sup>∧</sup>

Earline Stiltner, Primerica

Part 1: One in 4 employees are in serious financial distress and 80 percent of them spend 12-20 work hours / month worrying about their finances. This costs your company an estimated \$7,000 per employee a year due to lack of production. Will also review the new D.O.L Rulings. The Financial Wellness Workshop enhances employer/employee relationships, helps with employee retention and loyalty and develops a bridge between management and employees.

# One-hour sessions Start time 3:00 p.m.

# Emergency Stop Circuits: What You Think You Know Could Kill You<sup>A</sup>

Victor E. Noviski, Crescent Electrical Supply Company

Emergency stop circuits have been a vital component of all machinery safety systems for the past 50 years. The performance of these circuits have steadily improved with new technology. A high probability exists these vital safety systems have not been adequately updated in your facility, are not up to current code, and are putting your people at risk. Learn the current best practices for emergency stop circuits and how to identify if your systems are compliant with current code.

# ○ Worksite Wellness: A pathway to a happier and healthier workplace with an emphasis on ROI<sup>∧</sup>

#### Jerry Lynch, Central Wellness

Health-care costs are on the rise with seemingly no end in sight. This presentation focuses on the ways companies can reduce those costs. Learn concepts such as how wellness programs elicit positive return on investment, the basic steps in the implementation of a wellness program within the workplace and the short and long-term benefits that wellness programs produce.

#### OSHA Recordkeeping<sup>^</sup> Brian Zachetti, Ohio BWC

This session will examine OSHA Recordkeeping forms, general recording criteria and specific situations that must be recorded on OSHA Injury & Illness documents. Primary focus of the lecture will be determination of recordability to ensure accurate are maintained.

# Construction, Fall Protection-General Overview<sup>^</sup> David Loughner, Ohio BWC

Employers must set up the workplace to prevent employees from falling off of overhead platforms, elevated work stations or into holes in the floor and walls. OSHA requires that fall protection be provided at elevations of four feet in general industry workplaces and six feet in the construction industry. In addition, OSHA requires that fall protection be provided when working over dangerous equipment and machinery, regardless of the fall distance.

# ○ Strategies to Minimize the Impact an Injury Has on Your Company<sup>∧</sup>

# Lorrie Goodnight/Bernadette Campbell, Ohio BWC

This session covers what to do before and after an injury occurs to minimize the impact the injury has on your organization. Employers can implement effective risk-management strategies and cost control practices to minimize the financial impact of the claim while ensuring the injured worker receives appropriate care with the goal of returning to work.

# Financial Wellness

# Earline Stiltner, Primerica

Part 2: One in 4 employees are in serious financial distress and 80 percent of them spend 12-20 work hours / month worrying about their finances. This costs your company an estimated \$7,000 per employee a year due to lack of production. Will also review the new D.O.L Rulings. The Financial Wellness Workshop enhances employer/employee relationships, helps with employee retention and loyalty and develops a bridge between management and employees.

# Half day sessions **Start time 8 a.m.**

# Accident Analysis - Half Day Workshop\* David Loughner, Ohio BWC

Attendees will learn basic information and tools for establishing and improving your accident analysis program, causal factors of accidents and action steps for analyzing accidents.

# Half day sessions Start time 12:30 p.m.

# Emergency Preparedness Planning - Half day Workshop\*

Colleen Bolha, Ohio BWC

Attendees will learn how to prepare for workplace emergencies, basic compliance requirements, available resources and how to develop and maintain an effective program.

## All day sessions Start time 8 am

#### Controlling Workers' Compensation Costs<sup>\*\*</sup> Christine Williams/Tom Kelly, Ohio BWC

Attendees will learn the basic understanding of how the BWC determines rates and the costs that drive them, how claim costs impact your rates, rating plan options and how to control costs. There is also an overview of the importance of a safety culture.

### Safety for the Non-Safety Professional<sup>\*\*</sup> Sarah Ghezzi - CSP, Ohio BWC

Attendees will learn about Federal OSHA including citations and penalty struture, principles for developing a proactive safety and health program, State of Ohio safety requirements, and OSHA compliancec for major safety programs (general industry and construction) including written program requirements, training and identification and control of physical safety hazards.