

# Portsmouth Customer Service Office

The Ohio Bureau of Workers' Compensation offers more than 74 occupational safety, health and ergonomic courses for Ohio employees to attend. Classes are available online and held throughout the state at our regional service offices.

One of the benefits for employers with active workers' compensation coverage is there is no additional charge to register their employees for classes. The following is a list of courses available online and at the Portsmouth Customer Service Office. **A listing of courses offered at our other service offices can be found in our Safety Services Catalog online at [www.bwc.ohio.gov/catalog](http://www.bwc.ohio.gov/catalog) under the education and training services section.**



- \_\_\_\_\_
- Accident Analysis
- \_\_\_\_\_
- Avoiding Back Trauma
- \_\_\_\_\_
- A Five-Step Process for Preventing Work-Related Musculoskeletal Disorders (WMSDs) in your Workplace
- \_\_\_\_\_
- NEW!** Developing a Safety Culture
- \_\_\_\_\_
- Food Service Safety
- \_\_\_\_\_
- Hazard Communication 2012 Basics: Labeling, Safety Data Sheets and Pictograms
- \_\_\_\_\_
- Health Hazards in Construction
- \_\_\_\_\_
- NEW!** Industrial Hygiene Overview: Recognizing Occupational Health Hazards
- \_\_\_\_\_
- NEW!** Introduction to OSHA
- \_\_\_\_\_
- Ladder/Stairway Safety
- \_\_\_\_\_
- Office Ergonomics: Computer Workstation & Mobile Computing
- \_\_\_\_\_
- OSHA Recordkeeping 101
- \_\_\_\_\_
- Preventing Cuts and Lacerations
- \_\_\_\_\_
- Preventing Slips/Trips/Falls

July 2015 to June 2016 courses

2015	Classroom	Day(s)
Aug. 12	First Aid in the Workplace	1.0 Day
Sept. 16	Nonviolent Strategies for Caregivers and Other Staff Working Directly with the Public	1.0 Day
Oct. 7	Safety for the Non-safety Professional	1.0 Day
Nov. 4	NFPA 70E and You: Insight and Implementation	1.0 Day
Dec. 2	Emergency Preparedness Planning Half-day Workshop	0.5 Day a.m.
Dec. 2	How Methamphetamines Affect the Workplace	0.5 Day p.m.

2016	Classroom	Day(s)
Jan. 20	Transitional Return-to-Work	1.0 Day
Feb. 10	Controlling Costs through Claims Management	1.0 Day
March 1-3	<b>NEW!</b> Advanced Safety for Public Employers Part One	2.5 Days
March 16	<b>NEW!</b> Work Zone Traffic Control and Safety	0.5 Day a.m.
March 16	Effective Safety Teams Half-day Workshop	0.5 Day p.m.
March 29-31	<b>NEW!</b> Advanced Safety for Public Employers Part Two	2.5 Days
April 7	Health Hazard Awareness & Toxicology Basics	1.0 Day
May 11	Ergonomics: Basic Principles	1.0 Day
June 8	Job Safety Analysis	0.5 Day a.m.
June 8	Accident Analysis Half-day Workshop	0.5 Day p.m.

**Enroll today! FREE TUITION**  
[www.bwclearningcenter.com](http://www.bwclearningcenter.com) 740-353-3419