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THE PAIN MANAGEMENT PROGRAM

Overview

The Pain Management Program is designed to positively impact the needs of an injured client who, despite medical management, continues to experience chronic pain. This chronic pain may interfere with the client's physical function and quality of life, thus preventing full participation in activities of daily living and a successful return to work.

The goal of the Pain Management Program is to return the client to some form of gainful employment or productive lifestyle. This is achieved through an interdisciplinary approach to the treatment of chronic pain. Disciplines participating on the team may include rehabilitation psychologists, physical and occupational therapists, a registered nurse, dietician, pharmacist and an exercise physiologist. A rehab case manager coordinates the client's rehabilitation plan and a physical medicine and rehabilitation physician oversees the treatment plan.

The client is viewed as an integral part of the team participating in a goal oriented program, which incorporates cognitive behavioral pain and stress management techniques with physical reconditioning and health education.



*BWC Rehab Center is a service of the
Ohio Bureau of Workers' Compensation*

Service Options

- Pain management with work simulation when the goal is to return to a specific job
- Pain management with vocational evaluation and counseling when a specific job is not targeted

Who to refer?

- Clients who experience chronic pain (six months duration or longer) and/or exhibits pain behavior subsequent to an injury.
- Clients who experience significant stress and emotional manifestations as a result of the injury such as depression, anxiety, impaired interpersonal, familial, occupational, or social functioning.
- Clients who indicate a willingness to make changes in their disabled lifestyle and a willingness to learn to manage their pain.
- Clients who are medically stable.

For more information or to enroll in the BWC Rehab Center's Pain Management Program, please call 1-800-462-3083 or 614-995-1150.

The return-to-work place