

**WELL AT HOME
SAFE AT WORK**

OSC | 12
Ohio Safety Congress & Expo

#164 Controlling Musculoskeletal Risk in Distribution Centers (DCs) – Intermediate

1 to 2 p.m. – Wednesday, March 28

Over the past decade, changes in the economy have driven the U.S. to a much more active distribution focused economy. The DC environment can pose significant risks for musculoskeletal disorders. Prevention of such risks has become a topic of concern to many researchers. This presentation will consolidate the findings of a number of research efforts that have taken place over the past decade at The Ohio State University. You'll see how physical rearrangement of the workplace, psychosocial factors and training can influence the risk of musculoskeletal disorders in these environments. In addition, you'll learn best practices for reducing these types of injuries. You will be able to identify the risk factors for musculoskeletal disorders in DC; explain how these factors can impact each other; and describe actions that can control the risk and reduce related injuries.

Credits: 0.1 IACET; 1 CCM; 1 RN; 1 CDMS

Developed by the Distribution and Logistics committee

Presented by William Marras, professor, Carol Sommerich and Steve Lavender, associate professors, The Ohio State University, Columbus

Notes:

Action items: