

July – Sept. 2013 courses

The Ohio Bureau of Workers' Compensation offers more than 74 occupational safety, health and ergonomic courses for Ohio employees to attend. Classes are available online and held throughout the state at our regional service offices.

One of the benefits for employers with active workers' compensation coverage is there is no additional charge to register their employees for classes. The following is a list of courses available online and at the Lima Customer Service Office. A listing of courses offered at our other service offices can be found at ohiobwc.com under the safety services section of the website.

Online courses

- Accident Analysis
- Avoiding Back Trauma
- A Five-Step Process for Preventing Work-Related Musculoskeletal Disorders (WMSDs) in your Workplace
- Food Service Safety
- Getting Started with Safety
- Health Hazards in Construction
- Industrial Hygiene Overview
- Ladder/Stairway Safety
- Office Ergonomics: Computer Workstation & Mobile Computing
- Preventing Cuts and Lacerations
- Preventing Slips/Trips/Falls



2013	Classroom	Day(s)
Aug. 22	NFPA 70E and You: Insight and Implementation	1.0
Sept. 25 – 26	Construction Safety Elements (OSHA 10)	2.0



Enroll today!



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1-800-OHIOBWC

Lima Customer Service Office

2025 E. Fourth St.
Lima, OH 45804

Oct. – Dec. 2013 courses

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2013	Classroom	Day(s)
Oct. 3	Effective Safety Teams	1.0
Nov. 19	OSHA Recordkeeping	1.0



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Jan. – March 2014 courses

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Work-Related Musculoskeletal
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Food Service Safety

Getting Started with Safety

Health Hazards in Construction

Industrial Hygiene Overview

Ladder/Stairway Safety

Office Ergonomics: Computer
Workstation & Mobile Computing

Preventing Cuts and Lacerations

Preventing Slips/Trips/Falls



2014	Classroom	Day(s)
Feb. 6	First Aid in the Workplace	1.0
March 11	Job Safety Analysis Workshop	0.5 p.m.
March 11	Accident Analysis Half-day Workshop	0.5 a.m.



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April – June 2014 courses

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2014	Classroom	Day(s)
April 9	Machine Guarding Basics	0.5 a.m.
April 9	Violence in the Workplace	0.5 p.m.
May 7	New! Advanced Lockout/Tagout	1.0
May 28	First Aid in the Workplace	1.0
June 3	Controlling Workers' Compensation Costs	1.0



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