

**From:** Ohio Bureau of Workers' Compensation  
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## BWC eNews - December 2012

### [Have you seen the new one-stop online shop for details on your workers' comp policy?](#)

If you do not do business with BWC online, now is the time to start! Not only can you receive a premium discount, but now a new online tool makes it easier for you to navigate and manage the details of your policy. *My Policy Page* allows you to view important policy, rating plans and claims information at the click of a button. It also displays your program eligibility to highlight any premium saving opportunities you may be missing.

Once logged on to [ohiobwc.com](http://ohiobwc.com), the system automatically directs you to the page. From this home page, you can:

- Report payroll and pay premium;
- Re-print coverage certificates;
- Check outstanding balances;
- Update demographic and contact information;
- Receive updates on important dates and deadlines.

You can also view:

- Current program participation and eligibility for other premium discount programs;
- Claims history and details about specific claims. A search function allows an employer to look up claims by date of injury, status or benefit type;
- Quarterly claims costs, as well as any costs associated with claims that occur during a specified period. This function also allows the creation of a downloadable report in

#### Inside this edition:

[Have you seen the new one-stop online shop for details on your workers' comp policy?](#)

[BWC expands safety training options for group-rated employers](#)

[Ergonomics – It's not just for prevention anymore](#)

Microsoft Excel.

Employers who conduct business with BWC online can receive a Go Green premium discount available through BWC's Destination: Excellence Program. More information is available [here](#).

### [BWC expands safety training options for group-rated employers](#)

The BWC Board of Directors gave employers participating in the Group-Experience and Group- Retrospective-Rating programs more options for improving workplace safety. The board approved changes that allow employers who've had a workplace injury to satisfy some safety training requirements by completing an accident analysis and related safety training.

Currently, group employers who experience a claim must take two hours of safety training. The change gives employers the option to instead complete an online-accident analysis form and BWC's associated online safety class. The accident analysis and class will help employers identify injury trends and determine the root cause of the accident to address safety issues and prevent future injuries. Employers continue to have the option to attend the existing two-hour training.

"By better understanding the circumstances that led to an accident, an employer is better able to take appropriate action to prevent similar injuries in the future," said BWC Administrator/CEO Steve Buehrer. "The online analysis and training will guide employers in conducting a post-accident assessment so they can quickly and thoroughly respond to injuries."

BWC has also modified training requirements for employers who sustain claims outside of the green year. These employers are no longer subject to the safety training or accident analysis. The green year is the period in which a claim exists prior to entering the employer's experience.

### [Ergonomics – It's not just for prevention anymore](#)

Injuries and accidents at work can have a significant impact on employers and injured workers when they cannot return to work because of limited capabilities. Research shows ergonomic modifications can significantly increase safe, timely and successful return to work. BWC's ergonomic consultants provide Ohio employers with these services at no additional cost.

The primary objective of our ergonomics services is to help employers prevent injuries. However, we can also conduct assessments and provide recommendations for modifications that facilitate return to work or remain at work options for injured workers. In either case, our recommendations focus on job modifications that reduce or eliminate awkward, fatiguing postures

and forceful exertions in the jobs that workers perform.

Ergonomic job modifications are applicable in virtually all industries and jobs. Employers should explore such modifications whenever possible to facilitate a safe and timely return to work. In many cases, BWC can provide funds to help purchase improved tools and equipment, and make other modifications so the job is within the worker's capabilities.

As employers, your involvement in the return-to-work process can greatly assist us in our goal of helping injured workers get back to work in a safe and timely manner. This benefits all of us.

Visit [ohiobwc.com](http://ohiobwc.com) to request an ergonomics consultation.

*Please take a moment to [forward this email](#) to other managers in your organization and to your colleagues who may find it of value.*

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