

July – Sept. 2013 courses

The Ohio Bureau of Workers' Compensation offers more than 74 occupational safety, health and ergonomic courses for Ohio employees to attend. Classes are available online and held throughout the state at our regional service offices.

One of the benefits for employers with active workers' compensation coverage is there is no additional charge to register their employees for classes. The following is a list of courses available online and at the Cleveland Service Office. A listing of courses offered at our other service offices can be found at ohiobwc.com under the safety services section of the website.

Online courses

- Accident Analysis
- Avoiding Back Trauma
- A Five-Step Process for Preventing Work-Related Musculoskeletal Disorders (WMSDs) in your Workplace
- Food Service Safety
- Getting Started with Safety
- Health Hazards in Construction
- Industrial Hygiene Overview
- Ladder/Stairway Safety
- Office Ergonomics: Computer Workstation & Mobile Computing
- Preventing Cuts and Lacerations
- Preventing Slips/Trips/Falls



2013	Classroom	Day(s)
Aug. 22	Confined Space Assessment and Work	1.0
Aug. 27	Effective Safety Teams	1.0
Sept. 5	Safety and Ergonomics for Extended-care Facilities	1.0
Sept 10	Controlling Costs Through Claims Management	1.0
Sept. 12	OSHA Recordkeeping	1.0
Sept. 17	Machine Guarding Basics	0.5 a.m.
Sept. 17	Lockout/Tagout and Safety-related Work Practices	0.5 p.m.
Sept. 19	Mold and Other Indoor Air Quality Concerns	1.0
Sept. 23 – 26	Electrical Hazard Recognition and Abatement	3.5



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Cleveland Customer Service Office

4800 E. 131st St., Suite A
Garfield Heights, OH 44105

Oct. – Dec. 2013 courses

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2013	Classroom	Day(s)
Oct. 1	Controlling Workers' Compensation Costs	1.0
Oct. 3	New! How Workplace Temperatures Impact Worker Safety	0.5 a.m.
Oct. 17	Behavior-based Safety Systems	1.0
Oct. 22	Accident Analysis	1.0
Oct. 24	First Aid in the Workplace	1.0
Oct. 28 – Nov. 1	Basic Construction Safety (OSHA 30)	4.5
Nov. 5-7	Certified Safety Professional Examination (CSP) Review	3.0
Nov. 14	Hazard Communication	1.0
Nov. 19 – 20	Industry Safety Elements (OSHA 10)	2.0
Dec. 4	Bloodborne Pathogens	0.5 p.m.
Dec. 10	Job Safety Analysis Workshop	0.5 p.m.

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Jan. – March 2014 courses

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2014	Classroom	Day(s)
Jan. 14	OSHA Recordkeeping	1.0
Jan. 28 – 29	Construction Safety Elements (OSHA 10)	2.0
Feb. 25	Accident Analysis	1.0
Feb. 27	Lockout/Tagout and Safety-related Work Practices	0.5 a.m.
March 4	Nonviolent Strategies for Caregivers and Other Staff Working Directly with the Public	1.0
March 6	Effective Safety Teams	1.0
March 11	Controlling Workers' Compensation Costs	1.0
March 13	New! Crane Rigging and Signal Person Duties	1.0
March 18	Job Safety Analysis Workshop	0.5 a.m.
March 18	Personal Protective Equipment Selection Criteria	0.5 p.m.

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April – June 2014 courses

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Online courses

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Avoiding Back Trauma

A Five-Step Process for Preventing
Work-Related Musculoskeletal
Disorders (WMSDs) in your Workplace

Food Service Safety

Getting Started with Safety

Health Hazards in Construction

Industrial Hygiene Overview

Ladder/Stairway Safety

Office Ergonomics: Computer
Workstation & Mobile Computing

Preventing Cuts and Lacerations

Preventing Slips/Trips/Falls



2014	Classroom	Day(s)
April 1 – 2	Trenching and Excavation	2.0
April 15	Temporary Traffic Management	0.5 a.m.
April 29	NFPA 70E and You: Insight and Implementation	1.0
May 6	Ergonomics: Basic Principles	1.0
May 13	Effective Safety Teams	1.0
May 15	Hazard Communication	1.0
May 20	Wellness in the Workplace Workshop	0.5 a.m.
May 20	New! How Workplace Temperatures Impact Worker Safety	0.5 p.m.
May 22	First Aid in the Workplace	1.0
June 2 – 6	New! Basic Industrial Safety (OSHA 30)	5.0
June 12	OSHA Recordkeeping	1.0
June 17	Powered Industrial Trucks: Developing a Training Program	1.0

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