

Cincinnati

Classes for Ohio Workers

BWC Governor's Hill Service Office • 8650 Governor's Hill Drive, 4th Floor • Cincinnati, Oh 45249

Attend one of the more than 60 occupational safety, health and ergonomics courses offered by the Ohio Bureau of Workers' Compensation Division of Safety & Hygiene. Classes are held throughout the state as well as online.

The division offers courses at no extra cost to Ohio employers with active workers' compensation policies.

| 2009 | Course | Day (s) | 2010 | Course | Day (s) |
|----------|--|---------|---------|---|---------|
| 8/4-7 | Electrical Hazard Recognition and Abatement | 3.5 | 1/28 | Hazardous Waste Operations and Emergency Response Awareness | 0.8 |
| 8/20 | Emergency Preparedness Planning | 1.0 | 2/2-4 | Respirator Fit Testing | 2.5 |
| 8/26-27 | Hazardous Waste Operations and Emergency Response Operations | 2.0 | 2/18 | Accident Analysis | 1.0 |
| 9/1 | Effective Safety Teams | 1.0 | | You Don't Have to Speak Spanish to | |
| 9/3 | Controlling Workers' Compensation Costs | 1.0 | 2/23 | Communicate Safety to Your Spanish Speaking Workforce | 1.0 |
| 9/10 | Violence in the Workplace | 0.5 AM | 2/25 | Restaurant and Food Service Safety | 1.0 |
| 9/15 | First Aid in the Workplace | 1.0 | 3/2-3 | Fundamentals of an Effective Safety and Health Program | 2.0 |
| 9/17 | OSHA Recordkeeping | 1.0 | 3/4 | Wellness in the Workplace | 1.0 |
| 9/22 | Advanced Ratemaking | 0.5 AM | 3/9 | Controlling Workers' Compensation Costs | 1.0 |
| 9/29 | Behavior-based Safety Systems | 1.0 | 3/11 | OSHA Recordkeeping | 1.0 |
| 10/1 | 10-Step Business Plan | 0.5 AM | 3/16-18 | Ergonomics Applied | 3.0 |
| 10/6 | Ergonomics: Basic Principles | 1.0 | 3/23 | First Aid in the Workplace | 1.0 |
| 10/8 | Accident Analysis | 1.0 | 3/25 | Got Mold? | 1.0 |
| 10/15 | Hazardous Waste Operations and Emergency Response Refresher | 1.0 | 4/6-8 | Trenching and Excavation | 3.0 |
| 10/20-22 | Hazardous Waste Operations and Emergency Response Technician | 3.0 | 4/13 | Controlling Costs through Claims Management | 1.0 |
| 10/27-28 | Fundamentals of an Effective Safety and Health Program | 2.0 | 4/15 | Effective Safety Teams | 1.0 |
| 11/3-5 | Certified Safety Professional Examination (CSP) Review | 3.0 | 4/20-21 | Hazard Communication | 1.5 |
| 11/12 | Lockout/Tagout and Safety-related Work Practices | 0.5 AM | 4/22 | Ergonomics: Developing an Effective Process | 1.0 |
| 11/18-19 | Train the Trainer | 1.5 | 4/27 | Hazardous Waste Operations and Emergency Response Refresher | 1.0 |
| 11/24 | Safety and Ergonomics for Extended-care Facilities | 1.0 | 5/4 | Controlling Workers' Compensation Costs | 1.0 |
| 12/3 | Powered Industrial Trucks: Developing a Training Program | 1.0 | 5/13 | NFPA 70E and You: Insight and Implementation | 1.0 |
| 12/15 | Machine Guarding Basics | 0.5 PM | 6/10 | Emergency Preparedness Planning | 1.0 |
| | | | 6/16 | Nonviolent Strategies for Caregivers and Other Staff Working Directly with the Public | 1.0 |

Online courses

Avoiding Back Trauma
Getting Started with Safety
Industrial Hygiene Overview
Ladder/Stairway Safety
Preventing Cuts and Lacerations
Preventing Slips/Trips/Falls

For more information, call 1.800.OHIOBWC. To register for a class online follow directions on reverse side.

Online registration directions

How to enroll in a class

To enroll in a class:

1. Go to www.bwclearningcenter.com;
2. If this is your first visit, please click on First Visit and complete the requested information. If you do not know your BWC policy number, please ask your company's Human Resource person;
3. On the home page, click on Learning Center;
4. Click on Course Information & Enrollment;
5. Search by keyword, entering a word(s) that is closely related to the desired course. Click Search. The results will appear in the lower left corner of the screen. If it is difficult to see, consider changing the size of your screen display (directions below for "maximum visibility");
6. Locate the desired course and click on the information icon;
7. In the lower right section of the screen, locate the date/location of your choice. Click Enroll;
8. If you have given an e-mail address, you will receive an e-mail confirming your enrollment. If you have no e-mail address, you will receive a fax or letter.
9. Once you are enrolled, you can view your list of selected classes (and cancel, if needed) in the Personal Learning Center, which is located on the left side of the home page;
10. For assistance, please call 1-800-OHIOBWC.

How to update a profile

To update your own user information in BWC Learning Center:

1. Go to www.bwclearningcenter.com;
2. Click on User Information Center;
3. Click on Student Records;
4. Click on Update Profile;
5. Edit as needed. Click Submit.

How to find directions

To find addresses, directions or maps to training facilities:

1. Go to www.bwclearningcenter.com;
2. Click on User Information Center;
3. Click on Facilities & Training Locations;
4. Locate the desired facility. Click on the information icon;
5. Directions are displayed in the lower right section of the screen.

How to cancel a class

To cancel a class:

1. Go to www.bwclearningcenter.com;
2. On the left side of the home page, select Personal Learning Center;
3. Locate the class;
4. Click on Cancel.

To change your screen display size:

For maximum visibility

1. From the START icon, select Settings;
2. Select Control Panel;
3. Select Display, then the Settings tab;
4. In the Screen Area, move the gauge to 1024 x 768 pixels.

How to print certificates

To print a certificate for a class you have completed:

1. Go to www.bwclearningcenter.com;
2. On the left side of the home page, click on Personal Learning Center;
3. Click on the Transcript tab;
4. Locate the course you have completed, click on certificate;
5. Print it.